



Finding Peace in a Turbulent World

More than two thousand years ago, Jesus Christ came as a human and walked on this planet. Our aspirations, desires, and needs are not new to Him. He had foreknowledge of what might happen to humanity after His departure, He made this ageless statement or better say, promise before leaving us.

“Peace I leave with you, My peace I give to you; not as the world gives do I give to you.

Let not your heart be troubled, neither let it be afraid.” John 14:27NKJV

What kind of peace was our Lord Jesus Christ referring to in this text?

- a. **Peace**, as the absence of war.
- b. **Peace**, as a right relationship with God or Him.
- c. **Peace**, as an individual virtue or state. Peace of mind, inner peace(tranquility & serenity)
- d. **Peace**, as a good relationship among people.
- e. **Peace**, as a message possibly through greetings & conversation(Shalom)

These are contrary to what we have all around us at the moment. Peace is missing everywhere; home, Work, School, etc. Governments of nations all over the world have explored all avenues and different theories, they have used various measures to solve their challenges, yet they persist. We are no longer at ease with each other.

What happened to the 'promised' peace?

What is the missing link?

Where is the solution?

The promise of God for you is an abundance of His peace! It encompasses wholeness, total health, complete welfare, and a comprehensive package of His abundant blessings to every member of His household. Isaiah 66:12NIV says;

“For this is what the LORD says: “I will extend peace to her like a river, and the wealth of nations like a flooding stream; you will nurse and be carried on her arm and dandled on her knees.”

Free flow of His peace! Then, how and where are we getting it wrong?

The Missing Link

The Lord says: “These people come near to me with their mouth and honor me with their lips, but their hearts are far from me. Their worship of me is based on merely human rules they have been taught. Isaiah 29:13 NIV

Our hearts are far away from the Lord. We occupied our hearts with mundane things, material things of life, etc. We have little or no time for things of God again.

“And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.” Colossians 3:15 NLT

Jesus Christ is the Prince of Peace, the custodian, and the manufacturer of peace.

He is missing in our hearts, therefore, His peace is missing. Remember, you can only give what you have. No wonder peace is gradually becoming so elusive.

We are getting disconnected from the source! What a tragedy!

Ways of Finding peace

Accepting the reality that there is a problem is an indication that you don't subscribe to the erroneous belief that everything including peace happened by chance.

Identification of a problem is a pointer to a solution. The world is no longer at ease but how do you find your peace? It is the Lord's promise to you, you must find it.

"I have told you these things, so that in me you may have peace." (John 16:33a)

Let's examine some of the ways of finding peace in a Turbulent World.

1. **Kingdom first:** inner peace is a battle of the mind. Focus on eternal things, and give the right priority to things of God.

“Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need”. - Matthew 6:33 NLT

2. **Seek the Lord:** The message of Jesus Christ is a message of love, hope, peace, and others. Seek Him with your 'all' and let Him know you love Him. He is the Prince of Peace, manufacturer of peace, and blesses people with peace.

“The LORD gives strength to his people; the LORD blesses his people with peace”.- Psalm 29:11 NIV

3. **Forgive others and be a peacemaker:** If you are living in guilt because of your past mistakes, learn to forgive yourself and be free. Extend forgiveness to others unconditionally. The starting point of reconciliation is forgiveness. Inner peace can only be achieved with a free heart.
Love people, show kindness to everyone.

“Make every effort to live in peace with everyone and to be holy; without holiness, no one will see the Lord”. - Hebrews 12:14NIV

Do you love your neighbors or neighborhood?

4. **Church attendance:** always make yourself available in His house. Each time you are out of tune with God, you are out of inner peace. One of the ways of seeking God and knowing His ways is through regular and dedicated worship in His house. His ways are full of pleasantness and peace which become your heritage as you serve Him.

“The one thing I ask of the LORD— the thing I seek most— is to live in the house of the LORD all the days of my life, delighting in the LORD’s perfections and meditating in his Temple”. - Psalm 27:4 NLT

5. **Offload your worries:** Let go of what you can't control. Hand over your burdens and worries to Jesus Christ, He is ready to bear your burdens for you. Lay aside every weight, He cares.

“Give all your worries and cares to God, for he cares about you.” - 1 Peter 5:7 NLT

6. **Ask in Prayer:** His Peace is His 'will' for you. Ask for it in prayer, He will give it to you because He has made a promise of it to you. Beloved, ask Him and it shall be given to you, even in abundance.

“And we are confident that he hears us whenever we ask for anything that pleases him.” - 1 John 5:14 NLT

Every area of your life that is chaotic receives peace today in Jesus' name. Your troubled relationship, problematic career, wayward children, troubled heart and mind, they all receive peace today in Jesus' name.

Henceforth, I release you to experience God's peace that surpasses all understanding. As you live in Christ Jesus, His peace will guard your hearts and minds. Go in peace.

I love you all but Christ loves you more.